



FOR IMMEDIATE RELEASE

Stability Health Co-Founder Appointed Director of JDRF Center of Excellence in New England

Stability Health is transforming diabetes care through digital innovation

Marlborough, MA. – David M. Harlan, M.D., chief scientific officer and co-founder of Stability Health, has been appointed director of the Juvenile Diabetes Research Foundation (JDRF) Center of Excellence in New England. For years, Dr. Harlan and his colleagues at the UMass Chan Medical School in Worcester, MA and Greater New England area have been working towards a cure for type 1 diabetes, using stem cell, beta cell and islet therapies.

Upon his appointment, Harlan said, “Finding a cure is a life goal and will be a gamechanger for those with type 1 diabetes, but today, there are over 34 million people with various forms of diabetes, and my life’s work is to help as many of them as possible.”

It is for this reason that Harlan, along with Michael Aspinwall, CEO, co-founded Stability Health, a diabetes management company. The company’s mission is to transform diabetes care for those struggling with the disease.

According to multiple sources, patient outcomes for diabetes care have not changed in over two decades, despite the new technologies and therapeutics in the field. This frustrates clinicians, as well as patients, and burdens the U.S. healthcare system. According to the latest available report from the American Diabetes Association (ADA) the estimated cost of diagnosed diabetes in 2017 was \$327 billion. This means that people with diagnosed diabetes incur, on average, medical expenditures in the range of \$16,750 per year.

Aspinwall said, “Dr. Harlan and I saw another way to address the problems of high costs, too few endocrinologists and lack of patient support. Our team has created a virtual solution unlike anything else in the market. It aligns with, and supports both the clinicians, and their patients who are suffering from poorly controlled diabetes.”

Transforming the management of diabetes care is personal for Aspinwall. His father had a life-long struggle with the disease.

Using a proprietary technology system, Stability Health supports both patients, and their providers, by integrating an advanced, diabetes operating system to existing workflows. The system contains a rules engine that embeds the entire ADA Standards of Care, as well as best practices from the Association of Diabetes Care and Education Specialists (ACDES).



Alicia Warnock, M.D., the company’s chief operating officer and an endocrinologist said, “Stability Health’s strength is that our system has the capability to bring both clinical expertise and humanity into the equation, facilitating greater outcomes on a large scale. We are not just improving diabetes care ... we are transforming it.”

About Stability Health and Its Transformative Care Model

Stability Health was launched in 2019 with a mission to transform diabetes care for the 34 million struggling with the disease. Stability Health’s operating system more effectively supports people with diabetes between visits, and delivers more expertise at the point of care, maximizing the effectiveness of available resources.

The company’s diabetes operating system is a technology-based solution that leverages data analytics to monitor and automate care processes. Patients have a dedicated, virtual human coach to help them along their journey, while the system delivers unparalleled clinical expertise, and medical advice to primary care clinicians, obstetricians, and other associated clinicians. This facilitates the delivery of strong clinical outcomes and high patient and clinician satisfaction. It also results in financial benefits for clients, as well as increased efficiency and productivity of the clinical staff.

Its care model is flexible and adaptable to client needs. Clients range from a *US News and World Report* top 15 academic medical center in the Northeast; a multi-specialty group serving a diverse urban population with many non-English speakers; to a large clinically-integrated network serving a rural population. Locally, Stability Health works with Signature Medical Group of Brockton, MA.

Current relationships are focused on serving patients in the ambulatory, primary-care setting, as well as the care of pregnant women with pre-existing or gestational diabetes.

Stability Health is accredited by the Association of Diabetes Care and Education Specialists (ADCES) and was named one of 2021’s Best Tech Startups by the *The Tech Tribune*.

For more information about Stability Health visit:
<https://stabilityhealth.com/>



Photo Caption:

Featured from left to right are two key members of Stability Health's leadership team: Alicia L. Warnock, MD, Chief Operating Officer; David M. Harlan, MD, Co-Founder. They and the rest of the team are working to transform the current healthcare delivery system to improve outcomes for people with diabetes.



Photo Caption:

Michael Aspinwall is the chief executive officer and co-founder of Stability Health. For 30 years, he has helped build and grow innovative healthcare companies, including Vantage Oncology, Bravo Health, Paradigm Health and many others.

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