



## **Q & A Session with Mark Ahern, Chief Development Officer at Stability Health**

### **How does Stability Health use virtual care delivery to extend clinician services in their current care delivery models?**

We utilize a tech-enabled virtual care, and data-driven decision support by a strong endocrinologist-led clinical team, through a proprietary rules engine that drives our individualized recommendations to patients and their providers dealing with complex stage diabetes. Those individuals with type 1 or type 2 diabetes and one or more co-morbidities

### **What inspired you to join the Stability Health team?**

I was initially attracted to Stability Health because of the strong leadership team and the differentiated care model created to address significant unmet needs in a disease that is at epidemic proportions and growing. Additionally, I have close family members that struggle with diabetes and an even more personal reason associated with a cousin that took his own life because of this disease. Very personal to me and very committed to seeing Stability Health succeed and contribute to helping many people with diabetes improve their health and live longer, healthier lives

### **What current healthcare challenges does Stability Health help to solve?**

We help to "uncomplicate" a highly fragmented health system for diabetes. We create a highly collaborative, care continuum partnership with patients and their providers to enhance engagement, care coordination, and improved outcomes.

**For more information on Stability Health and  
how we partner with clients to transform diabetes care delivery  
visit: [www.stabilityhealth.com](http://www.stabilityhealth.com)**